

2024 WORKBOOK



LIFESYSTEMS



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FREEDOM TO GO FURTHER

Nothing impacts a great adventure quicker than falling ill or sustaining an injury. When you're outside your comfort zone or in an unfamiliar part of the world, the risks mount up. With Lifesystems® at your side, you can travel with confidence. We have protected adventurers and explorers for 30 years against whatever the elements and fate have thrown at them. We work with some of today's leading expedition and emergency medical experts so that, through constant research and scientific innovation, we can help you survive your toughest adventures.



OUTDOOR SURVIVAL

When it comes to adventurous trips, emergency situations usually arise in the worst conditions and that is when having equipment for outdoor survival is important. Being prepared for all situations and ensuring you have the right kit is the first step for any person who loves the outdoors.

Fire & Survival

Emergency situations usually arise in the worst conditions and being able to signal for help in fog or cloud is important for any person who loves the outdoors. Being prepared and having the right kit is essential.



2240
Mountain Whistle

- 108dB loudness
- High pitch single tone
- Anodised alloy body
- Key-ring attachment

EAN: 5 031863 002240
DIMENSIONS: 12 x 12 x 60 mm
WEIGHT: 11 g



42610
Echo Whistle

- 108dB loudness
- High pitch single tone
- Floats on water
- Key ring and attachment clip

EAN: 5 031863 426107
DIMENSIONS: 13 x 12 x 63 mm
WEIGHT: 12 g



2250
Safety Whistle

- 116dB loudness
- Duo-tone sound
- Floats on water
- Neck lanyard and attachment clip

EAN: 5 031863 022507
DIMENSIONS: 21 x 19 x 72 mm
WEIGHT: 13 g



42620
Hurricane Whistle

- 122dB loudness
- Tri-tone sound
- Floats on water
- Neck lanyard and attachment clip

EAN: 5 031863 426206
DIMENSIONS: 13 x 23 x 63 mm
WEIGHT: 15 g



42250
Plasma Lighter

- Windproof plasma arc beam
- Push-button ignition
- Telescopic design
- Rechargeable (cable included)

EAN: 5 031863 422505
DIMENSIONS: 94 x 34 x 15 mm
WEIGHT: 118 g



42216
Fire Starter

- Ferrocerium spark rod
- Stainless steel striker
- 3500 strikes
- Works in all conditions & altitudes

EAN: 5 031863 422161
DIMENSIONS: 13 x 22 x 80 mm
WEIGHT: 36 g



42215
XL Fire Starter

- Large ferrocerium spark rod
- Stainless steel striker
- 10,000 strikes
- Works in all conditions & altitudes

EAN: 5 031863 422154
DIMENSIONS: 18 x 28 x 103 mm
WEIGHT: 58 g



42214
Dual-Action Fire Starter

- Ferrocerium spark rod
- Integrated stainless steel striker
- Magnesium tinder rod
- 8000 strikes

EAN: 5 031863 422147
DIMENSIONS: 86 x 27 x 24 mm
WEIGHT: 58 g



Stormproof Matches

- Watertight container with strikers
- Windproof & waterproof matches
- Extra long match length (65mm)
- 20 seconds burn time

DIMENSIONS: 80 x 38 x 38 mm
WEIGHT: 60 g

42230 25 MATCHES + POT
EAN: 5 031863 422307

42235 15 MATCH REFILL
EAN: 5 031863 422352



Paracord

- 4mm 7-strand nylon paracord
- Ideal for many survival tasks
- 550lbs tensile strength
- Reflective flecks

DIMENSIONS: 33 metres
WEIGHT: 220 g

42530 33 METRES
EAN: 5 031863 425308



Chlorine

- Kills bacteria & viruses
- For purifying water
- Treats up to 60 litres of water
- Pack of 60 tablets

DIMENSIONS: 48 x 72 x 20 mm
WEIGHT: 11 g

3120 60 TABLETS
EAN: 5 031863 003124



Chlorine Dioxide

- Kills bacteria, viruses & cysts
- No significant after-taste
- Tablets treat up to 30 litres
- Droplets treat up to 60 litres

DIMENSIONS: 52 x 90 x 12 mm
WEIGHT: 8 g

44020 30 TABLETS
5 031863 440202

44010 60ML DROPLETS
EAN: 5 031863 440103

Thermal Protection

Our thermal protection range contains items considered by mountain rescue services to be essential in case of an emergency. Keeping warm, if you are unfortunate enough to have an accident, is essential.



2090

Survival Bag

- Whole body coverage
- SOS printed-instructions
- Heavy duty polyethylene with welded seams
- Lightweight, flexible, compact & strong
- Highly visible, windproof & waterproof

EAN: 5 031863 020909
DIMENSIONS: 2100 x 1050 mm
WEIGHT: 290 g



42120

Thermal Blanket

- Heat reflective metallised polyester
- Lightweight, flexible, compact & strong
- Highly visible & radar reflective
- Windproof & waterproof

EAN: 5 031863 421201
DIMENSIONS: 2100 x 1400 mm
WEIGHT: 55 g



42130

Thermal Bag

- Whole body coverage with taped seams
- Heat reflective metallised polyester
- Lightweight, flexible, compact & strong
- Highly visible & radar reflective
- Windproof & waterproof

EAN: 5 031863 421300
DIMENSIONS: 2200 x 1000 mm
WEIGHT: 180 g

Reusable Thermal Protection



42160

HeatShield Blanket

- Heat reflective
- Metallised low-density polyethylene
- Reusable & tear-resistant material
- Highly visible & radar reflective
- Printed emergency survival information
- Windproof & waterproof

EAN: 5 031863 421607
DIMENSIONS: 2100 x 1500 mm
WEIGHT: 84 g



42170

HeatShield Double Blanket

- Heat reflective - sized to fit two people
- Metallised low-density polyethylene
- Reusable & tear-resistant material
- Highly visible & radar reflective
- Printed emergency survival information
- Windproof & waterproof

EAN: 5 031863 421706
DIMENSIONS: 2500 x 1500 mm
WEIGHT: 98 g



42150

HeatShield Bag

- Heat visible, reflective, windproof, waterproof
- Radar reflective metallised polyethylene
- Reusable & tear-resistant material
- Whole body coverage with taped seams
- Printed emergency survival information
- Storage bag included (70 x 60 x 60mm packed size)

EAN: 5 031863 421508
DIMENSIONS: 2100 x 900 mm
WEIGHT: 104 g

Survival Shelters

Survival shelters are used by mountain rescue teams, outdoor centres, hiking clubs and youth groups.

Ultralight Survival Shelters

- Ultra-lightweight 20D siliconised fabric
- 3000mm hydrostatic head
- Waterproof seating panels + air-vent
- Reflective strips for increased visibility
- Integral stuff sack



42330

ULTRALIGHT SHELTER 2

EAN: 5 031863 423304
DIMENSIONS: 1400 x 900 x 450 mm
WEIGHT: 180 g



NEW

42331

ULTRALIGHT SHELTER 4

EAN: 5 031863 423311
DIMENSIONS: 1400 x 800 x 900 mm
WEIGHT: 300 g

Survival Shelters

- Tough PU coated fabric with taped seams
- 5000mm hydrostatic head
- Waterproof seat panels + air-vent + window
- Reflective strips for increased visibility
- Integral stuff sack



42311

SHELTER 2

EAN: 5 031863 423113
DIMENSIONS: 1400 x 900 x 450 mm
WEIGHT: 345 g



42321

SHELTER 4

EAN: 5 031863 423212
DIMENSIONS: 1400 x 900 x 800 mm
WEIGHT: 510 g

Bivi Bags

Ideal as the ultimate survival product or just to keep you protected whilst sleeping out.



NEW

42332

Venture Lite Bivi

- Spacious design fits 1 person & most sleep systems
- 70D ripstop nylon fabrics with PU coating and taped seams
- 10,000mm hydrostatic head & MVTR:10,000g/m2/24hr (top)
- Zipped hood entry with rain flap and mesh panels to aid airflow
- Anchor points + stake loops
- Includes stuff sack (235 x 120 x 120mm packed size)

EAN: 5 031863 423328
DIMENSIONS: 2500 x 620-950 mm (Head-Foot)



NEW

42333

Venture Solo Hooped Bivi

- Spacious design fits 1 person
- 70D ripstop nylon fabrics with PU coating and taped seams
- 10,000mm hydrostatic head & MVTR:10,000g/m2/24hr (top)
- Freestanding hoop design with zipped bug-screen also aids ventilation
- Anchor points + stake loops
- Includes stuff sack (235 x 120 x 120mm packed size)

EAN: 5 031863 423335
DIMENSIONS: 2250 x 500-680 (Head-Foot) x 590 mm

Torches & Lighting

Lifesystems torches and head torches use the latest LED technology, offering exceptional battery life and brightness.



42015

Intensity 155 Head Torch

- Up to 155 lumens brightness
- 17-62 metres adjustable beam
- CREE XPG3 S2 white LED + 2 x 5mm red LEDs
- 7 lighting modes including SOS flashing
- IPX6 water resistant body
- 1 x AA alkaline battery (included)
- Up to 35 hours battery life



EAN: 5 031863 420150
DIMENSIONS: 62 x 38 x 28 mm
WEIGHT: 72 g

NEW



42076

Intensity 300 Head Torch

- Up to 300 lumens brightness
- 10-65 metres adjustable beam
- CREE white LEDs & 5mm red LEDs
- 6 lighting modes including SOS flashing
- IPX6 water resistant body
- Rechargeable Li-ion battery (included)
- Up to 100 hours battery life



EAN: 5 031863 420761
DIMENSIONS: 56 x 42 x 38 mm
WEIGHT: 95 g



42065

Intensity 480 Torch

- Up to 480 lumens brightness
- 35-150 metres adjustable beam
- High-power Nichia white LED
- 5 lighting modes including flashing
- IPX6 water resistant aluminium body
- 2 x AA 1.5V alkaline batteries (included)
- Up to 35 hours battery life

EAN: 5 031863 420655
DIMENSIONS: 158 x 29 x 29 mm
WEIGHT: 150 g



42061

Intensity 545 Torch

- Up to 545 lumens brightness
- 45-200 metres adjustable beam
- High-power Nichia white LED
- 5 lighting modes including flashing
- Water resistant aluminium body
- Rechargeable Li-ion battery (included)
- Up to 16 hours battery life

EAN: 5 031863 420617
DIMENSIONS: 133 x 29 x 29 mm
WEIGHT: 113 g



Glow Marker

- Photo-luminescent marker
- 5 minute charge - glows for 12hrs
- Cable-ring attachment
- Rechargeable for up to 10 years

DIMENSIONS: 14 x 6 x 50 mm
WEIGHT: 6 g

42401

ORANGE
EAN: 5 031863 424011

42402

BLUE
EAN: 5 031863 424028

42405

GREEN
EAN: 5 031863 424059



Glow Sticks

- Pack of 2 - individually foil wrapped
- Hook and gate top clip + lanyard included

DIMENSIONS: 19 x 16 x 165 mm
WEIGHT: 24 g (each)



42420

2 x WHITE (8H)
EAN: 5 031863 424202

42410

GREEN/ORANGE (15H)
EAN: 5 031863 424103

Hand Warmers

Lifesystems offer a range of hand warmers ideal for any situation.

42450

Reusable Hand Warmers

- Simple to use and non-toxic
- Easy click-to-activate
- Boil to recharge
- Max temperature 54°C (130°F)
- Twin pack

EAN: 5 031863 424509
DIMENSIONS: 90 x 90 x 15 mm
WEIGHT: 118 g



42460

Rechargeable Hand Warmer

- Dual heat plates for 360 degree heat
- Easy to operate - 4 heat settings
- Heats up in 10 seconds
- Provides 3-6 hours heat
- 5200mAh battery capacity
- Power bank function
- USB rechargeable

EAN: 5 031863 424608
DIMENSIONS: 58 x 104 x 28 mm
WEIGHT: 141 g



42461

Rechargeable Hand Warmer XT

- Dual heat plates for 360 degree heat
- Easy to operate - 4 heat settings
- Heats up in 10 seconds
- Provides 6-14 hours heat
- 10,000mAh battery capacity
- Power bank function
- USB rechargeable

EAN: 5 031863 424615
DIMENSIONS: 58 x 117 x 32 mm
WEIGHT: 226 g



42462

Dual-Palm Hand Warmers

- Dual magnetic hand warmers
- Easy to operate - 4 heat settings
- Heats up in 10 seconds
- Provides 3-9 hours heat
- 2 x 5000mAh battery capacity
- Power bank function
- USB rechargeable

EAN: 5 031863 424622
DIMENSIONS: 65 x 108 x 20 mm (each)
WEIGHT: 138 g



Sun Creams



40131

100ML
EAN: 5 031863 401319
CDU BOX + 8 UNITS



40121

50ML
EAN: 5 031863 401210
CDU BOX + 8 UNITS



40040

20ML COMBI
EAN: 5 031863 400404



40020

4.8G SUN STICK
EAN: 5 031863 400206
CDU BOX + 8 UNITS



40321

100ML TUBE
EAN: 5 031863 403214



40311

50ML TUBE
EAN: 5 031863 403115

Mountain Sun Cream

- 8 hour protection
- SPF 50+ & 5-star UVA (Sun Stick SPF30)
- Broad-spectrum, photostable filters
- Sweat resistant & moisturising
- High-altitude performance

WEIGHTS: 117 g (100ml), 70 g (50ml), 37 g (20ml), 16 g (Sun Stick)

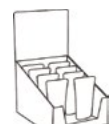


**SUPPLIED IN
CDU BOX ONLY**
(Except Combi Stick)

Sport Sun Cream

- 8 hour protection
- SPF 50+ & 5-star UVA
- Broad-spectrum, photostable filters
- Highly water resistant
- Sweat resistant

WEIGHTS: 117 g (100ml), 70 g (50ml)



**SUPPLIED IN
CDU BOX ONLY**











FIRST AID KITS

The iconic red cases are synonymous with Lifesystems first aid kits. Each pack incorporates the use of hard wearing ripstop fabrics and waterproof zips which provide that extra level of durability and protection. The smaller packs feature belt loop attachments and the larger versions have our excellent Quick-Find system to allow components to be located easily.

Outdoor First Aid Kits

Climbers, mountaineers and trekkers will inevitably find themselves off the beaten track from time to time. If any injuries are sustained, it is important to have a well equipped first aid kit to hand.

<p>9 ITEMS</p>  <p>DE RECOMMENDED KIT</p>	<p>18 ITEMS</p> 	<p>26 ITEMS</p>  <p>DE RECOMMENDED KIT</p>	<p>29 ITEMS</p> <p>QUICK FIND system</p> 
<p>1003</p> <p>Blister</p> <p>Contents: Fabric plasters, 5 blister plasters, blister stick, antiseptic wipes.</p> <p>EAN: 5 031863 010030 DIMENSIONS: 125 x 80 x 45 mm WEIGHT: 75 g</p>	<p>1040</p> <p>Pocket</p> <p>Contents: Primary care leaflet, low-adherent dressings, adherent dressing, woven bandage, fabric plasters, blister plasters, micropore tape, crepe bandage, nitrile gloves, antiseptic wipes, burn gel, scissors, tweezers, safety pins.</p> <p>EAN: 5 031863 001045 DIMENSIONS: 125 x 80 x 45 mm WEIGHT: 180 g</p>	<p>1025</p> <p>Trek</p> <p>Contents: Primary care leaflet, low-adherent dressings, adherent dressing, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, micropore tape, crepe bandage, antiseptic wipes, burn gel, paracetamol (UK only), scissors, tweezers, safety pins.</p> <p>EAN: 5 031863 010252 DIMENSIONS: 140 x 110 x 50 mm WEIGHT: 241 g</p>	<p>1030</p> <p>Adventurer</p> <p>Contents: Primary care leaflet, low-adherent dressing, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, micropore tape, crepe bandage, triangular bandage, medium dressing, paracetamol (UK only), antiseptic wipes, scissors, tweezers, safety pins.</p> <p>EAN: 5 031863 010306 DIMENSIONS: 150 x 130 x 80 mm WEIGHT: 330 g</p>
<p>36 ITEMS</p> <p>QUICK FIND system</p> 	<p>40 ITEMS</p> <p>QUICK FIND system</p>  <p>DE RECOMMENDED KIT</p>	<p>18 ITEMS</p> <p>NEW</p> 	<p>32 ITEMS</p> <p>QUICK FIND system</p>  <p>DE RECOMMENDED KIT</p>
<p>1035</p> <p>Explorer</p> <p>Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, zinc oxide tape, crepe bandage, triangular bandage, medium dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), antiseptic wipes, thermometer, scissors, tweezers, safety pins.</p> <p>EAN: 5 031863 010351 DIMENSIONS: 170 x 130 x 60 mm WEIGHT: 395 g</p>	<p>20210</p> <p>Camping</p> <p>Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, burn gel, zinc oxide tape, micropore tape, crepe bandage, triangular bandage, medium dressing, eye-pad dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), antiseptic wipes, eyewash, duct tape, thermometer, scissors, tweezers, safety pins.</p> <p>EAN: 5 031863 202107 DIMENSIONS: 170 x 130 x 60 mm WEIGHT: 452 g</p>	<p>20050</p> <p>Mini Waterproof</p> <p>Contents: Primary care leaflet, low adherent dressing, sterile adherent dressing, pack of assorted plasters, blister plasters, woven bandage, crepe bandage, microporous tape, safety pins, pair of nitrile gloves, hygienic cleansing wipes, resuscitation aid, scissors, tweezers, Loc-Top waterproof bag.</p> <p>EAN: 5 031863 200509 DIMENSIONS: 260 x 115 x 80 mm WEIGHT: 242 g</p>	<p>2020</p> <p>Waterproof</p> <p>Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, micropore tape, crepe bandage, triangular bandage, medium dressing, fabric dressing strip, paracetamol (UK only), antiseptic wipes, thermometer, resuscitation aid, scissors, tweezers, safety pins.</p> <p>EAN: 5 031863 020206 DIMENSIONS: 295 x 165 x 85 mm WEIGHT: 500 g</p>

Outdoor First Aid Kits



1045

Mountain

Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, zinc oxide tape, micropore tape, crepe bandage, triangular bandage, medium dressing, eye-pad dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), antiseptic wipes, duct tape, glow stick, thermometer, scissors, shears, tweezers, safety pins.

EAN: 5 031863 010450
 DIMENSIONS: 200 x 140 x 90 mm
 WEIGHT: 700 g



1050

Mountain Leader

Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, zinc oxide tape, micropore tape, crepe bandage, triangular bandage, medium dressing, eye-pad dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), antiseptic wipes, duct tape, glow stick, thermometer, resuscitation aid, scissors, shears, tweezers, safety pins.

EAN: 5 031863 010504
 DIMENSIONS: 230 x 180 x 100 mm
 WEIGHT: 930 g



1055

Mountain Leader Pro

Contents: Primary care leaflet, dental care leaflet, sterile info card, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, blister plasters, burn gel, zinc oxide tape, micropore tape, crepe bandage, triangular bandage, medium dressing, eye-pad dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), antiseptic wipes, duct tape, glow stick, thermometer, resuscitation aid, scissors, shears, tweezers, safety pins, hypodermic needles and syringes, scalpel, synthetic suture, dental mirror, spatula, clove oil (UK only), cotton rolls, filling cement.

EAN: 5 031863 010559
 DIMENSIONS: 290 x 190 x 110 mm
 WEIGHT: 1130 g

Light & Dry First Aid Kits



20040

Light & Dry Nano

Contents: Primary care leaflet, cohesive bandage, gauze swabs, adherent dressing, pack of plasters, blister plaster, antiseptic wipes, zinc oxide tape, sun cream sachet, pack of safety pins, Loc-Top waterproof bag.

EAN: 5 031863 200400
 DIMENSIONS: 130 x 120 x 35 mm
 WEIGHT: 95 g



20010

Light & Dry Micro

Contents: Primary care leaflet, cohesive bandage, pack of plasters, blister plasters, wound closure strips, gauze swabs, adherent dressing, antiseptic wipes, zinc oxide & micropore tape, chlorine tablets, sun cream sachet, pack of safety pins, ibuprofen (UK only), Loc-Top waterproof bag.

EAN: 5 031863 200103
 DIMENSIONS: 150 x 120 x 45 mm
 WEIGHT: 135 g



20020





Light & Dry Pro

Contents: Primary care leaflet, cohesive bandage, adherent dressings, pack of plasters, blister plasters, wound closure strips, gauze swabs, antiseptic wipes, zinc oxide & micropore tape, chlorine tablets, sun cream sachets, pack of safety pins, nitrile gloves, ibuprofen (UK only), Loc-Top waterproof bag.





EAN: 5 031863 200202
 DIMENSIONS: 160 x 140 x 50 mm
 WEIGHT: 156 g

Travel First Aid Kits

World travel can take you to remote places which lack basic emergency first aid equipment. Doctors recommend that you take sterile equipment, a well equipped first aid kit and any medication you require.

 <p>14 ITEMS</p>	 <p>29 ITEMS</p>	 <p>31 ITEMS</p>	 <p>39 ITEMS</p> <p>QUICK FIND system</p>
<p>1015</p> <p>Mini Sterile</p> <p>Contents: Primary care leaflet, sterile info card, nitrile gloves, antiseptic wipes, hypodermic needles, syringes, scalpel.</p> <p>EAN: 5 031863 010153 DIMENSIONS: 125 x 80 x 45 mm WEIGHT: 90 g</p>	<p>1010</p> <p>Sterile</p> <p>Contents: Primary care leaflet, sterile info card, nitrile gloves, fabric plasters, micropore tape, wound closure strips, antiseptic wipes, hypodermic needles and syringes, scalpel, synthetic suture, I.V. cannula.</p> <p>EAN: 5 031863 001014 DIMENSIONS: 140 x 90 x 50 mm WEIGHT: 185 g</p>	<p>24010</p> <p>Sterile Pro</p> <p>Contents: Primary care leaflet, sterile info card, nitrile gloves, fabric plasters, micropore tape, wound closure strips, antiseptic wipes, hypodermic needles, syringes, scalpel, synthetic suture, I.V. cannula, I.V. dressing, multiset transfusion set.</p> <p>EAN: 5 031863 240109 DIMENSIONS: 180 x 90 x 50 mm WEIGHT: 220 g</p>	<p>1060</p> <p>Traveller</p> <p>Contents: Primary care leaflet, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, zinc oxide tape, micropore tape, crepe bandage, medium dressing, wound closure strips, paracetamol (UK only), loperamide tablets (UK only), antiseptic wipes, duct tape, thermometer, scissors, tweezers, safety pins.</p> <p>EAN: 5 031863 010603 DIMENSIONS: 170 x 120 x 60 mm WEIGHT: 365 g</p>

Travel First Aid Kits & Accessories

 <p>49 ITEMS</p> <p>QUICK FIND system</p>	 <p>0 ITEMS</p> <p>QUICK FIND system</p>	 <p>0 ITEMS</p>	 <p>25 ITEMS</p>
<p>1065</p> <p>Solo Traveller</p> <p>Contents: Primary care leaflet, sterile info card, low-adherent dressings, nitrile gloves, woven bandage, gauze swabs, fabric plasters, zinc oxide tape, micropore tape, crepe bandage, medium dressing, fabric dressing strip, wound closure strips, paracetamol (UK only), ibuprofen (UK only), loperamide tablets (UK only), antiseptic wipes, duct tape, thermometer, scissors, tweezers, safety pins, hypodermic needles and syringes, scalpel, synthetic suture, I.V. cannula.</p> <p>EAN: 5 031863 010658 DIMENSIONS: 190 x 140 x 90 mm WEIGHT: 505 g</p>	<p>2350</p> <p>First Aid Case</p> <p>An empty first aid case which can be used to create a fully customised kit to meet your specific requirements. Features zip closure and several internal clear pockets.</p> <p>EAN: 5 031863 023504 DIMENSIONS: 210 x 160 x 60 mm WEIGHT: 140 g</p>	<p>27120</p> <p>First Aid Dry Bag</p> <p>An empty dry bag to protect your first aid kit in wet conditions. Features fully taped seams, hanging loop and a strap on the base. Roll-top closure with ultralight buckle and 2 litres capacity.</p> <p>EAN: 5 031863 271202 DIMENSIONS: 330 x 180 x 128 mm WEIGHT: 50 g</p>	<p>27010</p> <p>Dressings Refill</p> <p>Contents: Low-adherent dressings, nitrile gloves, gauze swabs, fabric plasters, blister plasters, micropore tape, fabric dressing strip, wound closure strips, antiseptic wipes.</p> <p>EAN: 5 031863 270106 DIMENSIONS: 200 x 125 x 50 mm WEIGHT: 111 g</p>



REPELLENTS & NETS

Our insect repellents provide effective protection against mosquitoes and other biting insects in all environments. Our range is for those looking to avoid or soothe insect bites and even for those who need to remove ticks. With both DEET and DEET free repellents, Lifesystems is able to cater for all situations.

DEET Repellents



33010

100ML
EAN: 5 031863 330107

33050

50ML
EAN: 5 031863 330503



33011

100ML
EAN: 5 031863 330114

33051

50ML
EAN: 5 031863 330510



Expedition MAX

An advanced mosquito repellent with our DermaLOC technology which locks DEET on the surface of the skin. Offering up to 9 hours protection per application, it can be applied multiple times to provide 24 hour protection.

100ML: ø40 x 138 mm | WEIGHT: 132 g
50ML: ø35 x 115 mm | WEIGHT: 76 g
25ML: ø20 x 105 mm | WEIGHT: 35 g



Expedition 50 PRO

A dual-action mosquito repellent which provides up to 7 hours protection per application. It can be applied multiple times to provide 14h total daily protection and is suitable for children age 6+.

100ML: ø40 x 138 mm | WEIGHT: 132 g
50ML: ø35 x 115 mm | WEIGHT: 76 g
25ML: ø20 x 105 mm | WEIGHT: 35 g



DEET-Free Repellents



34330

100ML
EAN: 5 031863 343305

34320

50ML
EAN: 5 031863 343206



34430

100ML
EAN: 5 031863 344302



34420

100ML MIDGE
EAN: 5 031863 344203



34040

25ML TICK
EAN: 5 031863 340403

Expedition Sensitive

The active ingredient Saltidin® is proven by scientific research to effectively repel mosquitoes, midges, and ticks. Suitable for children age 2 years and over.

100ML: ø40 x 138 mm | WEIGHT: 132 g
50ML: ø35 x 115 mm | WEIGHT: 76 g
25ML: ø20 x 105 mm | WEIGHT: 35 g



Expedition Natural

Formulated from a blend of natural plant oils. Provides up to 8 hours protection.



Expedition Midge & Tick

Saltidin® based formula for targeted protection from midges for up to 8 hours or ticks for up to 10 hours.



Travel Bed Nets

We offer a selection of nets to ensure you can put your net up and stay bite-free, no matter where in the world you are.



5003

Superlight MicroNet - Single

- Compact single wedge-shaped net
- EX8 AntiMosquito long-life impregnation
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord
- Hanging hooks included

EAN: 5 031863 050036
 DIMENSIONS: 2100 x 1000 x 1400 mm
 PACKED DIMENSIONS: 160 x 80 x 80 mm
 WEIGHT: 190 g



5001

MicroNet - Single

- Single wedge-shaped net with spreader bar
- EX8 AntiMosquito long-life impregnation
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord
- Hanging hooks included

EAN: 5 031863 050012
 DIMENSIONS: 2100 x 1000 x 1600 mm
 PACKED DIMENSIONS: 190 x 100 x 100 mm
 WEIGHT: 257 g



5006

MicroNet - Double

- Double wedge-shaped net with spreader bar
- EX8 AntiMosquito long-life impregnation
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord
- Hanging hooks included

EAN: 5 031863 050067
 DIMENSIONS: 2100 x 1600 x 1600 mm
 PACKED DIMENSIONS: 210 x 100 x 100 mm
 WEIGHT: 379 g



5550

BoxNet - Single

- Single box-shaped net
- EX8 AntiMosquito long-life impregnation
- Requires 4 hanging points.
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Hanging cord and hooks included

EAN: 5 031863 055505
 DIMENSIONS: 2100 x 1000 x 1500 mm
 PACKED DIMENSIONS: 190 x 100 x 100 mm
 WEIGHT: 390 g



5560

BoxNet - Double

- Double box-shaped net
- EX8 AntiMosquito long-life impregnation
- Requires 4 hanging points.
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Hanging cord and hooks included

EAN: 5 031863 055604
 DIMENSIONS: 2100 x 1600 x 1500 mm
 PACKED DIMENSIONS: 210 x 100 x 100 mm
 WEIGHT: 476 g



5041

BellNet - Double

- Double bell-shaped net with spreader bars
- EX8 AntiMosquito long-life impregnation
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment
- Pre-attached hanging cord + hooks included

EAN: 5 031863 050418
 DIMENSIONS: 2450 x 2450 x 2300 mm
 PACKED DIMENSIONS: 270 x 100 x 100 mm
 WEIGHT: 661 g

NEW



37000

MicroNet - Untreated Single

- Single wedge-shaped net with spreader bar
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord
- Hanging hooks included

EAN: 5 031863 370004
 DIMENSIONS: 2100 x 1000 x 1600 mm
 PACKED DIMENSIONS: 190 x 100 x 100 mm
 WEIGHT: 257 g

NEW



37010

MicroNet - Untreated Double

- Double wedge-shaped net with spreader bar
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord
- Hanging hooks included

EAN: 5 031863 370103
 DIMENSIONS: 2100 x 1600 x 1600 mm
 PACKED DIMENSIONS: 210 x 100 x 100 mm
 WEIGHT: 379 g



36020

Expedition SoloNet - Untreated Single

- Single wedge-shaped net with a spreader bar
- Midge & mosquito-proof netting - 1001 holes/ sq. inch
- Built-in durable, waterproof ground sheet
- Zipped side door for easy access
- Quick-Hang system allows easy adjustment and repositioning of the net
- Pre-attached hanging cord + hooks included

EAN: 5 031863 360203
 DIMENSIONS: 2100 x 1100 x 1800 mm
 PACKED DIMENSIONS: 260 x 100 x 100 mm
 WEIGHT: 720 g

EX8
ANTI-MOSQUITO



36030

ArcNet Self-Supporting - Single

- Single freestanding bed net - requires no hanging
- EX8 AntiMosquito long-life impregnation
- Freestanding design with aluminium pole
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Twin zipped doors for easy access

EAN: 5 031863 360302
 DIMENSIONS: 1950 x 950 x 1170 mm
 PACKED DIMENSIONS: 320 x 120 x 120 mm
 WEIGHT: 690 g

EX8
ANTI-MOSQUITO



36040

ArcNet Self-Supporting- Double

- Double freestanding bed net - requires no hanging
- EX8 AntiMosquito long-life impregnation
- Freestanding design with aluminium pole
- White mesh netting - 156 holes per sq. inch
- Nylon skirting material with 4 lashing points
- Twin zipped doors for easy access

EAN: 5 031863 360401
 DIMENSIONS: 1950 x 1400 x 1350 mm
 PACKED DIMENSIONS: 360 x 120 x 120 mm
 WEIGHT: 840 g



36210

Expedition GeoNet - Untreated Single

- Single freestanding Mosquito Net
- Midge & mosquito-proof netting - 1001 holes/ sq. inch
- Freestanding dome-shaped net for 1 person
- Built-in durable, waterproof ground sheet
- Lightweight aluminium poles
- Internal pocket and attachment points

EAN: 5 031863 362108
 DIMENSIONS: 2100 x 865 x 900 mm
 PACKED DIMENSIONS: 380 x 100 x 100 mm
 WEIGHT: 1100 g

Head Nets & Accessories



5060

Head Net

- Black mesh - 1001 holes per sq. inch
- Midge & mosquito-proof netting
- Comes with compact storage bag
- Draw-cord closure at the neck

EAN: 5 031863 005067
 DIMENSIONS: 330 x 330 x 460 mm
 WEIGHT: 40 g



5065

Head Net Hat

- Black mesh - 1001 holes per sq. inch
- Midge & mosquito-proof netting
- Pop-up design folds flat when not in use
- Draw-cord closure at the neck

EAN: 5 031863 050654
 DIMENSIONS: 400 x 400 x 460 mm
 WEIGHT: 100 g



5150

Net Hanging Kit

- 12m length of nylon cord
- Pack of safety pins
- 4 suction-cup hooks & 4 screw-in hooks
- 4 self-adhesive hooks & 4 adhesive pads

EAN: 5 031863 005159
 DIMENSIONS: 70 x 110 x 35 mm
 WEIGHT: 68 g

Tick Removal, Bite Treatment & Insecticides



34020

Tick Card

- Credit-card sized tick remover
- Magnifying lens
- For any size of tick

EAN: 5 031863 340205
 DIMENSIONS: 85 x 54 x 1 mm
 WEIGHT: 6 g



34021

Tick Tool

- Key-ring sized tick remover
- Magnifying lens
- For any size of tick

EAN: 5 031863 340212
 DIMENSIONS: 54 x 36 x 1 mm
 WEIGHT: 2 g



6580

Tick Tweezers

- Stainless steel with plastic sleeve
- Ergonomically designed
- For any size of tick

EAN: 5 031863 065801
 DIMENSIONS: 120 x 10 x 10 mm
 WEIGHT: 18 g



34022

Compact Tick Tweezers

- Stainless steel with plastic sleeve
- Compact key-ring sized design
- For any size of tick

EAN: 5 031863 340229
 DIMENSIONS: 60 x 10 x 10 mm
 WEIGHT: 10 g



34235

Mini Click

Soothes bites using a piezoelectric pulse, reducing irritation & swelling.

EAN: 8 022386 063037
 DIMENSIONS: 43 x 24 x 18 mm
 WEIGHT: 5 g



6350

EX4 AntiMosquito

A 350ml spray-on treatment for fabrics. Ideal for clothing, tents, nets. Lasts for up to 2 weeks.

EAN: 5 031863 063500
 DIMENSIONS: 85 x 85 x 210 mm
 WEIGHT: 330 g



7050

Mosquito Coils

- Each coil treats 20m³ & lasts up to 4½ hours
- Pack contains 10 coils and 2 metal stands

EAN: 5 031863 007054
 DIMENSIONS: 110 x 100 x 30 mm
 WEIGHT: 138 g



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